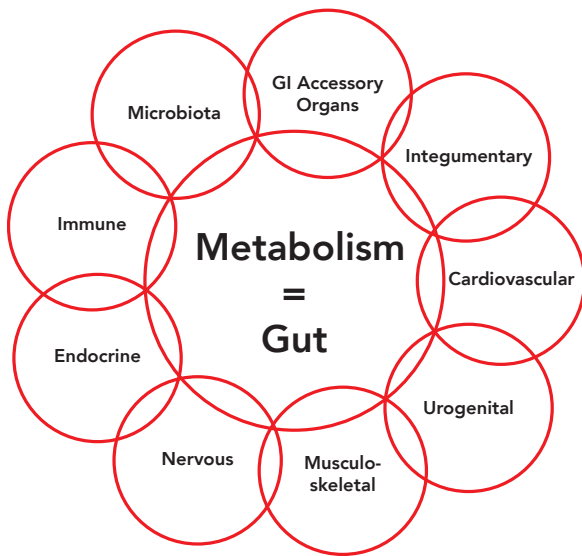


Shea Metabolic Health Seminars – (SMHS)

NCBTMB-Approved Total 38 CE • TUCSON, ARIZONA 2020



You're Invited to a
Two-Part Training Series
For All Licensed Manual Therapists
& Health Care Practitioners

[Click to Register](#)

The Metabolic Mission

- Connect metabolism to gut
- Create healthy metabolism
- New gut-centered bodywork
- Individuality and compassion

COST:

\$595 for both courses

LOCATION:

Conference Center at Tucson
Osteopathic Medical Foundation
3182 N Swan Road,
Tucson AZ 85712

REGISTER: Sheila Shea
520-325-9686 in Tucson, AZ
<http://bit.ly/SheaHealth>

[Click to Register](#)

METABOLIC SYNDROME: Visceral Detoxification

January 17-19, 2020

- Learn a new SMHS protocol for the gut
- Understand the early symptoms of Metabolic Syndrome
- Learn kitchen and cooking basic needs
- Learn the source of inflammation in the body

METABOLIC SYNDROME: Pelvic Floor Health

March 20 - 22, 2020

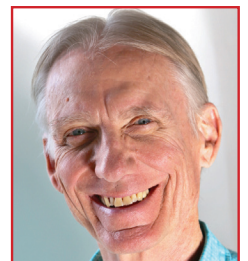
- Understand the role of genes in metabolic health
- Integrate pelvic function with the gut, heart and brain
- Learn the effect of gut pain on the brain and vagus nerve
- Learn how to make nutritional choices using scientific principles

ABOUT THE TEACHERS:

Sheila and Michael are licensed massage therapists since 1975. Together they have 86 years of clinical and teaching experience. Sheila is an expert in colon hydrotherapy, the structure and function of the intestines, and is a Certified Gut and Psychology Syndrome Practitioner (GAPS). Michael is an expert in craniosacral therapy, fascial and visceral manipulation. He is the author of six books in these fields published by North Atlantic Books. Sheila and Michael also share over an 86 year practice in yoga and meditation. SheaHeart.com and IntestinalHealthInstitute.com



Sheila Shea, M.A.



Michael Shea, PH.D