

The Development of the Cranial Base - Deep Healing for the Brain
An approved 12 CE course for Florida licensed massage therapists

Taught by Michael Shea, PhD

This course will focus on relieving tension around the cranial base. It consists of parts of the temporal, sphenoid and occipital bones. Called the spheno-basilar junction (SBJ), it was formed through a series of local and global movements prenatally. Participants will learn those movements which inform how the hands make contact with it and produce a healthy effect on the brain and body.

The motions of flexion/extension, sidebending/rotation, shearing/lateral strain, and inferior/superior vertical strain are the adult motions associated with the SBJ. We will learn how to use our hands more effectively for balancing these motions in the surrounding tissues of the cranium and body as a whole. We will learn the four stages of human prenatal morphology influencing the SBJ and the eight metabolic fields of cell function that originally form the bones and membranes. This course is open to all craniosacral therapists and massage therapists wishing to go deeper in their understanding and palpation of the cranium and brain for health and healing.

Refund Policy: Full minus a 5% processing fee if canceled by April 15. No refund after April 15.

Course Location: Native Yoga Center, 833 Donald Ross Rd., Juno Beach, FL 33408

Call to Register: 561-296-7996 or register online

Course Content Information: 561-775-9912

email: info@nativeyogacenter.com

Bring a Massage Table, sheets, pillows and a chair to sit on during class and for the table work.

Handouts will be distributed prior to the class via email. Students must have the ability to open and print PDFs.

July 27-28, 2019

Time: 12-6pm each day

Location: Native Yoga, Juno Beach. FL

Cost: \$195